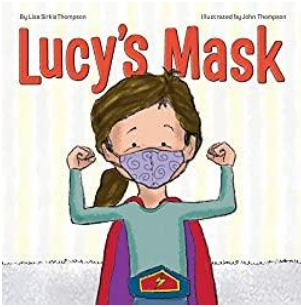
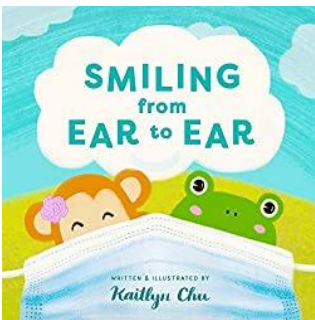


# Books About Wearing Masks for Children



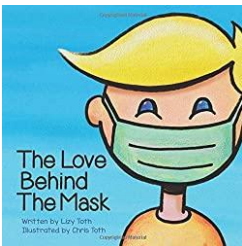
## **Lucy's Mask, by Lisa Thompson**

Lucy's mom is making her a mask and Lucy imagines what it will be like. Maybe she'll be a pirate, detective, or explorer. She decides she can be a superhero wearing the special mask her mom made.



## **Smiling From Ear to Ear, by Kaitlyn Chu**

A cute little book that shows all the different places the animals are wearing their mask: bunny wears a mask at the grocery store, sheep at the doctor's office, frog at the airport, etc.

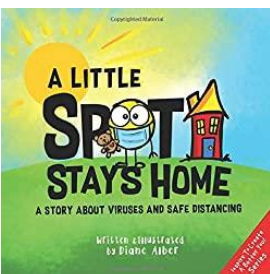


## **The Love Behind the Mask, by Lizy Toth**

This story is about a little boy who misses all of the things he used to do: play soccer and visit grandma. He used to be afraid of masks, but understands people wear them because they care.

# Books About Social Distancing for Children

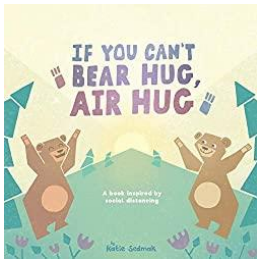
## **A Little SPOT Stays Home: A Story About Viruses And Safe Distancing, by Diane Alber**



This is one of the BEST books that explains things in easy-to-understand words for young children. It talks about what germs are, why people get sick, why washing hands is important, wearing a mask, keeping a safe distance, essential workers, and feelings kids might have about it all.

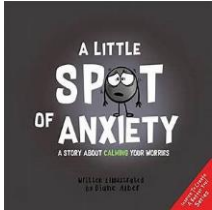


### **If You Can't Bear Hug, Air Hug: A Book Inspired by Social Distancing, by Katie Sedmak**



This is an adorably illustrated rhyming book that shows different ways to greet people or enjoy their company while social distancing. The crabs say: "If you can't bump knuckles, trade chuckles"

### **A Little SPOT of Anxiety: A Story About Calming Your Worries, by Diane Alber**



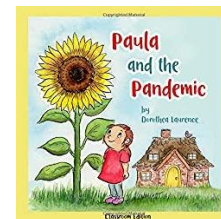
This book talks about feeling worried, nervous, anxious, or scared. It explains in a child-friendly way why we feel these emotions and what you can do about it. This book is not specifically about Covid-19, but will help children experiencing anxiety because of the virus (or any other reason they experience anxiety).

### **The Social Distance King by Eric DeSio**

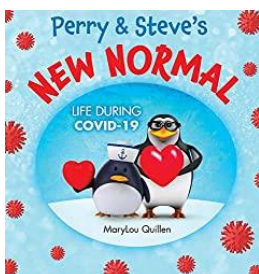


A cute rhyming book that explains social distancing in simple terms for young children. Mentions mask wearing as well. The message is that you can still have fun and connect with people while social distancing.

### **Paula and the Pandemic: Classroom version, by Dorothea Laurence.**



### **Perry and Steve's New Normal: Life During COVID-19, by MaryLou Quillen**



In this book, Steve the Penguin's dad explains the virus to him. His dad answers his questions about masks and staying home. He tells him about washing his hands, covering coughs and sneezes. He reassures him that social distancing is not forever and the future will be different